

## Luffa species

**PRE-TREATMENT** – Soak seeds overnight before sowing to soften the seed coat.

**SOWING** – Best time for sowing is when temperatures are between 18 - 25°C.

Use a good quality seed raising mix with added perlite for extra drainage.

Fill pots with media and moisten media before surface sowing seeds.

Sow seeds 2cm deep and cover lightly with media.

Mist water to avoid seed disturbance.

Seeds should start sprouting from 14 days.

Germination can be slow and erratic.

Ensure that the seeds stay moist and don't dry out.

Prick out when large enough to handle and plant out into garden beds at the base of a trellis.

